

**Saida Waheed FMH College of Nursing
Course & Clinical Master-planning, year 2009
Health Assessment, ACN & Patho-physiology**

3 weeks lectures & every 4th week clinical week
1st Clinical week will be in SWCON

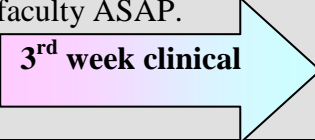
Weeks	Health Assessment by: Ms Nasreen Mitchell	Advanced Concept in Nursing by: Ms Abida Razzak	Pathophysiology by: Ms Janet Macgregor	Specific task for Clinical Faculty
1 2 3 Theory	1. Introduction to course Basic concepts of Health Assessment.	Introduction to ACN course Nursing Notes	Introduction to course, assignments and expectations	● ↓ ↓ ↓
	2. UNIT I: Interviewing skills (Process & Principles)	Review Nursing process Introduction to nursing diagnosis Introduction to nursing care plan/concept mapping	Inflammation	
	3. Practice Interviewing & Video taping QUIZ	Apply a nursing model/theory in care plan QUIZ	Fluid balance QUIZ	
4 5 6 Theory	4. Two days Class: In Class: ● Detailed discussion about the first clinical Week objectives.	● Clinical Faculty's expectations.	Three days in Skill Lab: ● Practice for the clinical. ● Detailed discussion on CCM	Clinical Faculty will help to the ACN Faculty to make these sessions successful.
	5. Revision last week topics. UNIT II: Physical Examination and General Survey, video feed back	Revision Nursing Notes, Nursing process, Nursing theories Functional Health Patterns Health Perception Health Management	Revision; Inflammation, Fluid balance.	● ↓ ↓
6.	UNIT III: Skin, Head/Neck	Nutrition Metabolic Pattern Activity Exercise Pattern	Electrolytes	

Faculty meeting 1st week clinical + pre-conference:

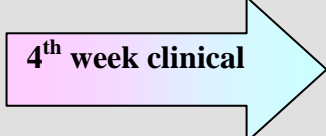
- Discuss rules regulation of the clinical
- Faculty expectation.
- Students' responsibilities
- AOB

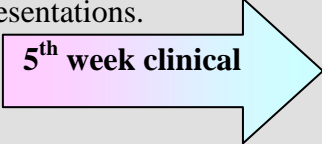
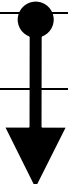
7. Theory	LAB: Skin, Head/Neck QUIZ	Sleep and Rest Submission of CIA# 1 Elimination Pattern Urinary QUIZ	Cancer QUIZ	
8. Clinical Week	<ol style="list-style-type: none"> 1. Interview 3 pts/wk 2. Document nursing notes 3. Complete fluid I/O charting with -ve or +ve balance. 4. Complete psychomotor skills as much as possible & document for the evidence (total pt care) 5. Present Orem's theory application of the pt in your clinical group. 	<ol style="list-style-type: none"> 6. Find & document a 'critical incidence analysis 1' (CIA) in your port folio after discussion with your faculty. 7. Find out your learning needs & inquiries & discuss with your faculty or team leader. 	<ol style="list-style-type: none"> 8. Complete objectives no. 1.1, 1.2, 1.3 of professional development and 2.1, 2.2 of communication skills (clinical evaluation tool (CET)). 9. Make critical concept map (CCM). <p style="text-align: center;">1st week clinical →</p>	<ol style="list-style-type: none"> 1. Discuss Clinical assessment tool (CET) in the first pre- conference. 2. Help them in making of objectives. Teach them the three domains of using verb to make objectives. 3. Explain about portfolio preparation & submission, to the students. 4. Discuss the guidelines of CIA & help them in finding & analyzing of the first CIA. 5. Discuss & help them in making of CCM & nursing diagnosis related to the pt's subjective & objective data. 6. Supervise & check students' work & psychomotor skills. 7. Discuss the other things which are related to the clinical placement or to enhance the students' knowledge. 8. Mark & record the student every week's portfolio out of 05 marks in the student's clinical work sheet. 9. observe students' presentation, post conferences according the clinical evaluation criteria (Annex F)
9. Theory	Revision last week topics UNIT IV: Eyes/Ears Lab: Eyes & Ears	Revision last week topics Elimination Pattern Bowel Cognitive Perceptual Pattern	Revision; Electrolytes, Cancer	
10. Theory	UNIT IV: Eyes/Ears	Submission of CIA# 2	Diabetes	

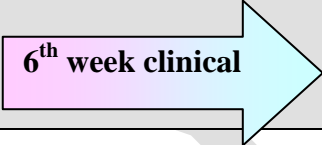
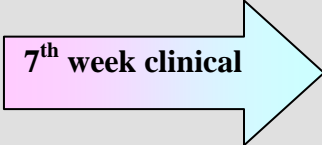
		Role and Relationship Pattern Self Perception Self Concept Pattern		
11.	Lab: Eyes & Ears QUIZ	Value Believe Pattern Sexuality Reproductive Pattern QUIZ	Blood pathologies; Anaemia QUIZ	
12.	<p>Cont... last clinical objectives with the following objectives.</p> <ol style="list-style-type: none"> 1. Get signed daily objectives. 2. take & document interview from the pt related to Health Perception Health Management, Nutrition Metabolic Pattern, Activity Exercise Pattern, Sleep and Rest, & Elimination Pattern Urinary 3. Get your process recording complete by your coach or peer. 4. Complete your psychomotor skills and give total patient care. 	<ol style="list-style-type: none"> 5. In physical examination do general survey & skin, head, & neck. & document in your portfolio. 6. Find & document a 'critical incidence analysis 2' in your port folio after discussion with your faculty/coach. 7. Give two informal teaching to the pts/relatives & plan one formal group teaching with your peers & paste in your portfolio for the evidence.(refer to CET; 5th components' objectives) 8. Find out your learning needs & inquiries & discuss with your faculty or team leader. 	<ol style="list-style-type: none"> 9. Present cancer & its management in your clinical groups. 10. Do study& present electrolytes' reports of all pts related to the students. 11. Complete objectives no. 1.4 - 1.7 and all objectives of 2nd 3rd, 4th & 5th components of CET. 12. Make CCM with holistic approach & add 2 nursing diagnosis on daily basis. 	<ol style="list-style-type: none"> 1. Check students' daily objectives & CCM with added nursing diagnosis on daily basis. 2. Assess the leadership skills of the coaches & assist them to solve conflicts. 3. Assess the students in physical assessment of pt, and get the students to document their assessment. 4. Assess the students' group work & post conference sessions according the Annexure F. 5. Discuss reflective writing with the students. <p>Fill the CET of students for the midterm e</p> <p>2nd week clinical self evaluation</p> <p>Faculty meeting 3rd week clinical:</p> <ul style="list-style-type: none"> • Discuss reflective writing • Students progress & CET • Midterm CET of the students. • Change the rotation of the clinical • AOB
13.	Mid Term Exam (INTERNAL)	Mid Term Exam (INTERNAL)	Mid Term Exam (INTERNAL)	
14.	Revision last week topics	Revision last week topics	Revision; Diabetes, Blood pathologies;	
15.	UNIT: V Nose, Mouth & Pharynx + QUIZ	Restrictive Respiratory Tract Disorders + QUIZ PBL	QUIZ + Respiratory system pathologies; Acute condition	



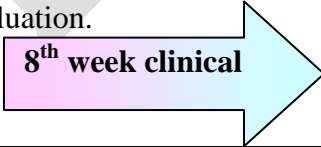
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">16. Clinical Week</p>	<p>6. Get signed daily objectives by your faculty or coach. 7. Take & document interview from the pt related to 11 Gordon's functional health pattern. 8. Get your process recording complete by your coach or peer. 9. Complete your psychomotor skills and give total patient care. 10. Complete your objectives of 5 component of the CET. Especially 'Professional Development'.</p>	<p>11. In physical examination do general survey, skin, head, neck, eyes & ears in supervision of faculty or coach and document in your portfolio. 12. Do presentation related to nutrition (e.g. BMI, nursing diagnosis, laboratory tests CBC, Anaemia) & diabetes nursing management. Coach will be the responsible to organize & manage these presentations.</p>	<p>13. Implement your formal group teaching & informal teaching according to your planning. 14. Find out your learning needs & inquiries & discuss with your faculty or team leader. 15. Write reflection of your clinical week. 16. Fill the midterm CET form (only student self evaluation part) and submit to your faculty ASAP.</p> <div style="text-align: center;">  </div>	<p>17. Check students' daily objectives & CCM with added nursing diagnosis on daily basis. 18. Assess the leadership skills of the coaches & assist them to solve conflicts. 19. Assess the students in physical assessment of pt, and get the students to document their assessment. 20. Assess the students' group work & post conference sessions according the Annexure F. 21. Discuss reflective writing with the students. Fill the CET of students for the midterm evaluation after students' self evaluation.</p>
	<p style="writing-mode: vertical-rl; transform: rotate(180deg);">17. Theory</p>	<p>Revision last week topics CAT I/ LAB: Nose, Mouth & Pharynx</p>	<p>Revision last week topics Restrictive Respiratory Tract Disorders PBL</p>	<p>Revision last week topics</p>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">18. Theory</p>	<p>UNIT VIII: Thorax & Lungs</p>	<p>Restrictive Respiratory Tract Disorders PBL</p>	<p>Respiratory system pathologies Chronic condition; COPDs,</p>	
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">19. Theory</p>	<p>LAB: Thorax & Lungs + QUIZ</p>	<p>Fluid/Electrolyte imbalance + QUIZ PBL</p>	<p>Gastrointestinal system; GU, jaundice, LDLs, constipation + QUIZ</p>	
<p>20.</p>	<p>1. Get signed daily objectives by your faculty or coach. 2. Take & document interview from the pt related to 11 Gordon's functional health</p>	<p>6. In physical examination do general survey, skin, head, neck, eyes, ears nose, mouth & pharynx in supervision of faculty or coach and document in your portfolio</p>	<p>9. Write reflection of your clinical week. 10. Find & document a 'CIA 3' in your port folio after discussion with your</p>	<p>1. Check students' daily objectives & CCM with added nursing diagnosis on daily basis. 2. Assess the leadership skills of the coaches & assist them to solve conflicts. 3. Assess the students in physical assessment of pt, and get the students to document their assessment. 4. Assess the students' group work & post</p>

Clinical Week	<p>pattern.</p> <p>3. Get your process recording complete by your coach or peer.</p> <p>4. Complete your objectives of 5 component of the CET.</p> <p>5. Complete your psychomotor skills and give total patient care.</p>	<p>7. Implement your formal teaching & informal teaching according to your planning with your coach or faculty.</p> <p>8. Find out your learning needs & inquiries & discuss with your faculty or team leader.</p>	<p>faculty.</p> <p>11. Every student has to present one respiratory disease (Pathophysiology, assessment, nursing & medical management) coach will be the responsible to organize & manage these presentations.</p>	<p>conference sessions according the Annexure F.</p> <div style="border: 2px solid black; background-color: yellow; padding: 10px; margin: 10px auto; width: 80%;"> <p>Faculty meeting 4th week clinical:</p> <ul style="list-style-type: none"> Discussed CET with students. Discuss reflective writing Students progress & CET AOB </div>	
	21. Theory	<p>Revision last week topics UNIT VI: Assessment of Abdomen, Anus & Rectum</p>	<p>Revision last week topics Fluid/Electrolyte imbalance PBL</p>		<p>Revision last week topics Muscular/Skeletal system; fractures, arthritis</p>
	22.	<p>LAB: Abdomen, Anus & Rectum</p>	<p>Acid Base imbalance PBL</p>		<p>Immunity; HIV</p>
	23	<p>UNIT VII: Assessment of Peripheral Vascular & Musculoskeletal system LAB : PVS & MS + QUIZ</p>	<p>Acid Base imbalance + QUIZ PBL</p>		<p>Cardiovascular system/ MI, CCF + QUIZ</p>



<p>24. Clinical Week</p>	<p>1. Get signed daily objectives by your faculty or coach. Take & document interview from the pt related to 11 Gordon's functional health pattern. 2. Get your process recording complete by your coach or peer. 3. Complete your objectives of the CET. 6. Find out your learning needs & inquiries & discuss with your faculty or team leader.</p>	<p>7. In physical examination do general survey, skin, head, neck, eyes, ears nose, mouth, pharynx, Thorax & Lungs in supervision of faculty or coach and document in your portfolio 8. Implement your formal teaching & informal teaching according to your planning with your coach or faculty. 9. Write reflection of your clinical week. 10. Make comprehensive CCM of your pt.</p>	<p>11. Complete your psychomotor skills and give total patient care. 12. Every student has to present one gastrointestinal problem (Pathophysiology, assessment, nursing & medical management) coach will be the responsible to organize & manage these presentations.</p> <p style="text-align: center;"></p>	<p>1. Check students' daily objectives & CCM with added nursing diagnosis on daily basis. 2. Assess the leadership skills of the coaches & assist them to solve conflicts. 3. Assess the students in physical assessment of pt, and get the students to document their assessment. 4. Assess the students' group work & post conference sessions according the Annexure F.</p> <div style="border: 1px solid black; background-color: yellow; padding: 5px; margin-top: 10px;"> <p>Faculty meeting 5th week clinical:</p> <ul style="list-style-type: none"> Students progress & CET AOB </div>
<p>25. Theory</p>	<p>Revision last week topics UNIT X: UNIT IX: Cardiovascular system</p>	<p>Revision last week topics Acid Base imbalance PBL</p>	<p>Revision last week topics</p>	
<p>26.</p>	<p>LAB: Cardiovascular system</p>	<p>Introduction to critical care nursing PBL</p>	<p>Liver; failure and hepatitis</p>	
<p>27. Theory</p>	<p>UNIT XI: Breast, axilla & Genitalia + QUIZ</p>	<p>Introduction to critical care nursing + QUIZ PBL</p>	<p>Renal system; renal failure, infection/inflammation + QUIZ</p>	
<p>28. Clinical Week</p>	<p>1. Get signed daily objectives by your faculty or coach. 2. Write the history of the pt related to 11 Gordon's FHP in your portfolio. 3. Get your process recording complete by your coach or peer. 4. Complete all objectives of the CET.</p>	<p>6. Complete your psychomotor skills and give total patient care. 7. In physical examination do Thorax, Lungs, Abdomen, Anus, Rectum, in supervision of faculty or coach and document in your portfolio 8. Implement your formal teaching & informal teaching according to</p>	<p>10. Find out your learning needs & inquiries & discuss with your faculty or team leader. 11. Write reflection of your clinical week. 12. Make comprehensive CCM of your pt.</p>	<p>1. Check students' daily objectives & CCM with added nursing diagnosis on daily basis. 2. Assess the leadership skills of the coaches & assist them to solve conflicts. 3. Assess the students in physical assessment of pt, and get the students to document their assessment. 4. Assess the students' group work & post conference sessions according the Annexure F.</p>

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Clinical Week</p>	<p>5. Every student has to present any or related to the following topics; fractures, arthritis, acid base imbalance, or fluid electrolyte imbalance. Coach will be the responsible to organize & manage these presentations.</p>	<p>your planning with your coach or faculty. 9. Apply a nursing theory/model in your CCM.</p>	<p style="text-align: center;"></p>	<p>5. Assess students' nursing management related to specific disease or problem.</p> <div style="border: 1px solid black; background-color: yellow; padding: 5px; margin-top: 10px;"> <p>Faculty meeting 6th week clinical:</p> <ul style="list-style-type: none"> • Students progress & CET • AOB </div>
	<p>29. Theory</p>	<p>Revision last week topics Lab: Breast, axilla & Genitalia + QUIZ</p>	<p>Revision last week topics Introduction to Aberrant cell growth Cont...Cancer cell biology PBL</p>	<p>Revision last week topics + Cancer revision</p>
<p>30. Theory</p>	<p>Mental Status & Sensory Neuro I</p>	<p>Cancer cell biology PBL</p>	<p>Burns</p>	
<p>31. Theory</p>	<p>LAB: Mental Status & Sensory Neuro I + QUIZ</p>	<p>Palliative Care Nursing + QUIZ PBL</p>	<p>Shock + QUIZ</p>	
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Clinical Week</p>	<p>1. Get signed daily objectives by your faculty or coach. 2. Write the history of the pt related to 11 Gordon's FHP in your portfolio. 3. Complete all objectives of the CET. 4. Every student has to present any or related to the following topics; Liver; failure and hepatitis, renal problems, dilemma or critical care nursing. Coach will be the responsible to organize & manage these presentations</p>	<p>5. Complete your psychomotor skills and give total patient care. 6. In physical examination do Thorax, Lungs, Abdomen, Cardiovascular system, Breast, axilla & Genitalia in supervision of faculty or coach and document in your portfolio. 7. Implement your formal teaching & informal teaching according to your planning with your coach or faculty.</p>	<p>8. Apply a nursing theory/model in your CCM. 9. Find out your learning needs & inquiries & discuss with your faculty or team leader. 10. Write reflection of your clinical week. 11. Make comprehensive CCM of your pt.</p> <p style="text-align: center;"></p>	<p>1. Check students' daily objectives & CCM with added nursing diagnosis on daily basis. 2. Assess the leadership skills of the coaches & assist them to solve conflicts. 3. Assess the students in physical assessment of pt, and get the students to document their assessment. 4. Assess the students' group work & post conference sessions according the Annexure F. 5. Assess students' nursing management related to specific disease or problem.</p> <div style="border: 1px solid black; background-color: yellow; padding: 5px; margin-top: 10px;"> <p>Faculty meeting 7th week clinical:</p> <ul style="list-style-type: none"> • Students progress & CET • AOB </div>

33.	Revision last week topics Mental Status & Sensory Neuro II	Revision last week topics Care of Client with Psychosocial Dilemmas PBL	Revision last week topics	
34.	LAB: Mental Status & Sensory Neuro II	Care of Client with Psychosocial Dilemmas PBL	Nervous system; CNS & ANS and conditions	
 35.	1. Get signed daily objectives by your faculty or coach. 2. Write the history of the pt related to 11 Gordon's FHP in your portfolio. 3. Complete all objectives of the CET. 4. Every student has to present any or related to the following topics; Burns, Shock, Palliative Care nursing, & dilemma. Coach will be the responsible to organize & manage theses presentations	5. Complete your psychomotor skills and give total patient care. 6. In physical examination do Lungs, Abdomen, Cardiovascular system, Mental Status & Sensory Neuro assessment in supervision of faculty or coach and document in your portfolio. 7. Implement your formal teaching & informal teaching according to your planning with your coach or faculty.	8. Apply a nursing theory/model in your CCM. 9. Find out your learning needs & inquiries & discuss with your faculty or team leader. 10. Write reflection of your clinical week. 11. Make comprehensive CCM of your pt. 12. Submit your portfolio & CET form after filling self evaluation. <div style="text-align: center; margin-top: 10px;">  </div>	1. Check students' daily objectives & CCM with added nursing diagnosis on daily basis. 2. Assess the leadership skills of the coaches & assist them to solve conflicts. 3. Assess the students in physical assessment of pt, and get the students to document their assessment. 4. Assess the students' group work & post conference sessions according the Annexure F. 5. Assess students' nursing management related to specific disease or problem 6. Fill the evaluation form of the students.
	36.	Revision of course	Revision of course	Revision of course
37.	Final Exam (INTERNAL)	Final Exam (INTERNAL)	Final Exam (INTERNAL)	
38.	Final Exam (External UHS)	Final Exam (External UHS)	Final Exam (External UHS)	

1st Clinical Week:

Monday & Tuesday:

Sign off the psychomotor skills in the first clinical week

- | | | |
|---|---|---|
| 1. Bedding | 28. Deep breathing exercises/coughing exercises | ◆ Feeding |
| 2. Assessing pulse | 29. Steam inhalation | ◆ Removal |
| 3. Assisting adult patient | 30. Cold compression | ◆ Jejunostomy feeding |
| 4. Back care | 31. Hot fomentation | 47. Urinary catheterization |
| 5. Blood pressure | 32. Wet shaving | ◆ Insertion |
| 6. Comfort devices | 33. Mouth care of an unconscious patient | ◆ Removal |
| 7. Foot and hand care | 34. Administration of enema | ◆ Condom catheterization |
| 8. Height and weight | 35. Administration rectal suppositories | ◆ Irrigation |
| 9. Hygiene care bed bath | 36. Assisting patient for sitz bath | 48. Ostomy care |
| 10. Interviewing skills | 37. Inserting a rectal/flatus tube | ◆ Cleaning and changing of flange and bag |
| 11. Mouth care | 38. Specimen collection | ◆ Application of new flange and bag |
| 12. Perineal care | 39. Urine testing | 49. Stoma irrigation |
| 13. Positioning | 40. Indwelling catheter care | |
| 14. Turning and lifting | 41. I.V site care | |
| 15. Passive range of motion | 42. I.V Medication & Assisting Lumber Puncture | |
| 16. Shampooing | 43. Others | |
| 17. Shower bath | 44. Dressing | |
| 18. Temperature | ◆ Sterile dressing | |
| 19. Treatment of pediculosis capitus | ◆ Irrigation of wound | |
| 20. Tapid sponge bath | ◆ Shortening of drain | |
| 21. Administration of oral Drugs | 45. Suctioning | |
| 22. Administration of Topical Drugs | ◆ Naso oral suctioning | |
| 23. Administration of Intramuscular injection | ◆ Tracheostomy suctioning | |
| 24. Administration of Intradermal injection | ◆ Tracheostomy care | |
| 25. Administration of subcutaneous injection | 46. Nasogestri tube | |
| 26. Inhaler | ◆ Insertion | |
| 27. Oxygen Therapy/Nebulizer | | |

COPY